

# Skate Frederick's FREESTYLE ICE ETIQUETTE (Rev. 2-27-2024)

For the safety and enjoyment of all skaters, Skate Frederick Ice Sports requires COACHES, SKATERS and PARENTS to follow our ice etiquette on all sessions.

- **ALL SKATERS** are required to pay for ice time in the Pro Shop and sign the freestyle log sheet, **regardless if you are a Skate Frederick employee or not.** Skaters, parents and coaches, please follow the direction of ICE MONITOR when one is on duty.
- Morning freestyle skaters must fill out the freestyle payment voucher for processing when the Pro Shop opens. Payment vouchers and log sheet will be on the table on the platform for Rink 1.
- Any skater (lesson or non-lesson) on the ice without paying for their ice time, will be asked to exit the ice and make payment.
- **NO CELL PHONES or any other LISTENING/RECORDING DEVICES are allowed on the ice or propped up on the dasher boards. This is an accident waiting to happen. COACHES ONLY are exempt from using recording devices.**
- **NO FOOD** permitted in the HOCKEY BOXES or on the ICE. **NO DRINKS** permitted in to go cups. (Dunkin, Starbucks, Panera)

**REVISED** **DANCE, SYNCHRO, PAIRS and THEATRE on ICE Practice Session—Open to all skaters. Only 2 skaters of the same synchro and TOI team level may skate together. NO FREESTYLE and MOVES IN THE FIELD permitted on this session.**

**NEW** **FREESTYLE and MOVES in the FIELD Friday Practice Session— Open to all skaters working on their freestyle skills, freestyle programs and moves in the field. NO DANCE, SYNCHRO, PAIRS or TOI permitted on this session.**

- **MU Sessions—Open to all skaters—However, only 2 skaters of the same team level may skate together, pairs, dance and Theatre on Ice partners can practice (connected & disconnected) to music without being in a lesson.** For the safety & consideration of other skaters, only 1 set of two skaters can be in program or pattern at one time. Skaters in private lesson have priority.
- **ALL OTHER Sessions—Open to all skaters— However, synchro, pairs, dance and theatre on ice partners MUST BE in a private lesson to practice their program together or patterns connected or disconnected.** Skaters who are not in a lesson, may practice their program individually and not as a set of two skaters. **NO SHADOWING is PERMITTED!**
- **SPINS** are to be done in the **center of the ice** and **JUMPS** are to be done on the **ends and corners of the ice** even if in a lesson, unless you are in program.
- It's the responsibility of all skaters and coaches to keep the ice area and hockey boxes clean. Please remove all personal belongings, i.e. water bottles, jackets, gloves, tissues, etc. before exiting the ice.
- Skaters are expected to behave responsibly and to be considerate of other skaters and coaches at all times.
- **KEEP MOVING AT ALL TIMES!** The skating sessions are not a social event for skaters and coaches. If you want to rest or chat, please leave the ice. Skaters who stand along the boards for excessive time to socialize, are obstructing the ice surface for other skaters.
- **ALL PROGRAM MUSIC is limited to 2 plays per 1/2 hour, lesson or not.** Skaters in a lesson have priority. Stopping music at any point before play is completed will count as 1 play. **NO EXCEPTIONS!**
- **Kicking the ice, sticking your tongue out, pointing at other skaters with frustration, using foul language or arguing will not be tolerated and skaters will be asked to leave the ice. NO REFUNDS will be issued.**
- **DEATH SPIRALS and TENSION BANDS** are not permitted on any FREESTYLE or MU Freestyle sessions unless in lesson. This is for the safety of every skater.
- The "right of way" **skaters must wear** designated **orange sash** so that all other skaters will recognize the skater "IN PROGRAM". The **Right of Way** is any skater in a lesson or not. **1 skater in a set of 2 skaters must wear orange sash.**
- Back spirals and camel spins can be dangerous to other skaters. Please be aware of your surroundings before executing.
- **When session is over, please close all open doors behind you.**
- Skate Frederick Ice Sports is NOT responsible for any lost, damaged or stolen items.

**PARENTS ARE RESPONSIBLE FOR THE CONDUCT OF THEIR SKATER AND FOR ENSURING THAT THEY KNOW AND ABIDE BY THESE RULES.**