



# FREESTYLE COVID19

## Safety Guidelines at Skate Frederick.

### REVISED

- **ALL SKATERS** are asked not to enter the building no earlier than 10 minutes prior to their skate session time
- **ALL SKATERS** should enter the building already dressed to take the ice, including skates on. **Only on rainy days and when cold weather starts setting in, skaters will be allowed to put on their skates in the warming area. No skates bags or any other bags and no changing of clothes will be permitted.**
- **1 PARENT** will be allowed to stay in the facility to watch their skater. Please no siblings.
- **AVOID** changing of clothes inside the building
- **AVOID BRINGING SKATE BAGS OR ANY OTHER BAGS, IN THE BUILDING AT ALL TIMES**
- **ALL OFF ICE** training and **WARM UPS** must be conducted outside of the building
- **NO** personal belongings, including kiss & cry bags, permitted in the hockey boxes or on the dasher board ledges
- **Protective mask or face covering** must be worn when entering the building, lobby/warming area and entering the ice
- **Protective mask or covering** may be removed or lowered while on the ice
- **Protective mask or face covering** must be placed in a plastic sandwich bag and kept in your possession at all times
- **Skaters** in private lessons have first priority on all sessions
- **ALL SKATERS MUST** initial beside their name in the log book, before entering the ice.
- Each session has its own log sheet. Once available spaces are filled, there will be no overflow permitted
- **Limited** spaces available for each session, excluding coaches
- At **NO TIME**, can a 1 hour of ice time be split between 2 sessions. **NO EXCEPTIONS!**
- **NO 30 minute ice time purchases allowed**
- **TISSUES** need to be placed in a trash can. PLEASE DO NOT THROW ON THE FLOOR
- **If your tissues** land on any floor surface, PLEASE pick up and put in trash can
- **EVERYONE please practice** the 6' distancing guideline off and on the ice
- **Social** gatherings off and on the ice is prohibited. Socialize outside the building, please
- **ALL SKATERS** must exit the building within 10 minutes after the session is over
- **NO LOCKER ROOMS OR THE PARTY ROOM** will be available. These areas are considered confined space
- Absolutely, **NO FOOD** or **DRINK** cups (starbucks, dunkin donuts, fast food, etc.) allowed on the ice or in hockey boxes. Water bottles are allowed
- Any **OUTSIDE FOOD** and **DRINK** cups must be thrown in the trash and not left laying on benches

***Thank you for adhering to the set guidelines in order to make Skate Frederick a safe and healthy indoor facility.***

**SEE YOU ON THE ICE!!!**  
*Skate Frederick Management*