2020 Learn to Skate SUMMER CAMP Registration
Online Registration available at skatefrederick.com

PLEASE PRINT CLEARLY

Skater Name____________________ D.O.B.__/___/___ Age__
Current Skating Level____ Food Allergies? ___Yes ___No
Please list food allergy:________________________________________

Skater Name____________________ D.O.B.__/___/___ Age__
Current Skating Level____ Food Allergies? ___Yes ___No
Please list food allergy:________________________________________

Parent’s Name______________________________________
Address________________________________________________
City__________________________State______ Zip________
Phone________________________ Email_______________________
Emergency Contact_______________________________________
Emergency Contact Phone__________________________________

SAVE $15 * Register by JUNE, 30

4 & 5 Year Old Camp (3 days * 9am-12pm) $115 $______
August 4—6 (Tues—Thurs)

Basic Skills Camp (5 days * 9am-12pm) $169 $______
August 3—7 (Mon—Fri)

Intermediate FS Camp (5 days * 8:30am-12pm)
July 13—17 (Mon—Fri) $189 $______

Advanced FS Camp (5 days * 8:30am-3pm) $289 $______
July 20—24 **Pack a healthy lunch each day

Introduction to Ice Hockey (5 days)
**Please indicate jersey size: YS YM YL YXL AS
July 13—17 (1-5pm) * August 3—7 (9am-1pm) $199 $______

SUB TOTAL $______
$15 Early Discount—Register by JUNE 30 $______
$5 Discount for 2nd family member $______
TOTAL DUE $______

PAYMENT METHOD: Make checks payable to Skate Frederick
Cash:__ Check #____
Visa / Master / Discover /______/______/______/_________
Exp.____/____ Billing Zip_________

REFUND POLICY

NO refunds or credits will be issued without a doctor’s note. All refunds will be subject to a $15 bookkeeping fee.
All fees for camps cancelled by the Skating School will be refunded in full.

SKATE FREDERICK’S RELEASE

In consideration of the Participant being permitted to register and participate in ice skating at Skate Frederick LLC we do hereby forever release and discharge its Directors, Coaches, Agents, Employees and any person or corporation connected herewith from all manner of action, injury, damages, casts, claims or demands which we shall or may hereafter have suffer or received by reason of such participant in any program at the center. Risks include any risk of sickness arising from any and all communicable diseases, germ, bacteria, virus or infection. The release shall be binding on our heirs, assigns, executors and administrators. It is further agreed that Skate Frederick shall not be considered to guarantee or warrant such equipment as may be used in the conducting of said ice skating activity. Skate Frederick LLC reserves the right to use any pictures taken during the skating activity for advertising and/or promotional purposes.

I HAVE READ AND UNDERSTOOD ALL THE INFORMATION PRESENTED IN THIS BROCHURE.

_________________________      ________________
Signature                      Date

If skater is under age 18, parent/guardian signature is required.

2020 Learn to Skate SUMMER CAMPS
REGISTER EARLY!

Online: www.skatefrederick.com
Call: 301-662-7362
Fax: 301-662-7361

1288 Riverbend Way
Frederick, MD 21701
**Basic Skills Ice Skating Camp**

**$ 169 per camp**

**August 3—7**

**Monday—Friday * 9am—12pm**

*(Beginner thru Basic 4 levels ages 6 & above)*

Start your day off right! This camp, beginners thru Basic 2, is designed to learn how to stroke, glide, and swizzle across the ice. Basic 3 & 4 skaters will work on perfecting crossovers.

Other skating disciplines, hockey and synchronized skating will be introduced during work stations.

Camp includes rental skates, snacks & juice, and a skills performance on Friday at 11:30 am.

**SNACKS**

A daily snack and apple juice will be provided by Skate Frederick at morning break time.

Our snacks are allergy friendly. Please make us aware of any food allergies your skater may have.

**FOR MORE INFORMATION**

Contact Kelly Orndorff

Skating School Director

k.orndorff@comcast.net

301-662-7362 ext. 16

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**Intermediate Figure Skating Camp**

**$ 189 per camp**

**July 13—17**

**Monday-Friday * 8:30am-12pm**

*(Basic 5 thru Freeskate 2 levels)*

The Intermediate Camp will introduce skaters with off-ice training techniques and their benefits.

Take your endurance to the next level with power classes instruction. Jumps, spins, edge control, synchronized skating and much more.

Camp includes rental skates, snacks & juice, and a skills performance on Friday at 11:30 am.

**CAMP COACHING STAFF**

Skate Frederick’s camps and classes are taught by certified instructors of US Figure Skating (USFS), Learn to Skate USA and the Professional Skaters Association (PSA), along with background checks.

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**Advanced Figure Skating Camp**

**$ 289 per camp**

**July 20—24**

**Monday-Friday * 8:30am-3pm**

*(Freeskate 3 & above levels)*

Synchro skaters and USFS Pre-preliminary & above

**BRING A HEALTHY LUNCH EACH DAY!**

Training benefits all aspects of ice skating for these levels. Camp instruction includes the following training practices:

- **Off-Ice Stretches:** Training your muscles to get ready for the on-ice skating.
- **Figures:** Controlling proper usage of inner and outer edges.
- **Power Skating:** Building endurance to add extra power to your skating. There’s no such thing as too much power.
- **Jumps:** Covering technique for take-off, mid-air, and landings. On-ice and off-ice training.
- **Spins:** Improving entry to spins, control and exit.

Camp includes daily morning snack & juice and a skills performance on Friday at 1:30 pm.

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**INTRODUCTION To Ice Hockey**

**$ 199 per camp**

**July 13-17 * 1 pm—5 pm**

**August 3-7 * 9 am—1 pm**

Taught by USA Hockey certified instructors, this camp is for youth players who can independently skate forward in hockey skates but have limited ice hockey skills.

For more information, see Skate Frederick’s Victory Hockey Summer Camps and Clinics or contact Joyce, at sk8fredhockey@gmail.com