

FOR ONLINE REGISTRATION GO TO SKATEFREDERICK.COM

Player's Name _____

Phone: _____ Birthdate: _____

Address _____

Parent's Name _____

Parent's Email _____
(This is very important for correspondence and updates)

CLASS SELECTION: Please check appropriate class

- LEARN TO PLAY I \$189.00
- LEARN TO PLAY II \$189.00
- LEARN TO PLAY II with In-House discount \$129.00
- SKILL DEVELOPMENT \$189.00
- SKILL DEVELOPMENT with In-House discount \$129.00

METHOD OF PAYMENT

Check _____ Visa/MC _____ Discover _____ Cash _____

Credit Card # _____ Exp _____

In Consideration of the Participant being permitted to register and participate in ice hockey at Skate Frederick, we do hereby forever release and discharge its Directors, Coaches, Agents, Employees and any person or corporation connected herewith from all manner of action, injury, damages, costs, claims or demands which we shall or may hereafter have, suffer or receive by reason of such participation in any program at the center. The release shall be binding on our heirs and, assigns, executors, and administrators. It is further agreed that Skate Frederick shall not be considered to guarantee or warrant such equipment as may be used in conducting said ice skating activity. Skate Frederick LLC reserves the right to use any pictures taken during the skating activity for advertising and/or promotional purposes. I have read and understood all the information presented in this brochure:

Parent/Guardian Signature _____ Date _____

EMERGENCY CONTACT (other than parent/guardian)
Name _____

Relationship to skater _____ Phone number _____

Skate Frederick's VICTORY HOCKEY AND SKILL DEVELOPMENT PROGRAM

Learn to Play I

Instruction of:

- Basic Stance
- Forward Stride
- Basic Stops
- Puck Stops
- Turns

Learn to Play II

Instruction of:

- Backward Skating
- Forward Stride
- Backward Stops
- Basic Stops
- Puck Handling
- Turns
- Puck Protection
- Basic Positioning
- Introduces Crossovers

Skill Development

Instruction of:

- Pivots
- Crossovers
- Hockey Stops
- Puck Skills
- Shooting
- Front Start
- Crossover Start
- Edgework
- Passing
- Transitions

ADM Mite Program

Victory Hockey & USA Hockey
ADM Mite Program is for players age 8 and under.
Visit www.admkids.com for a full description of play at this level.

Victory Hockey In-House League

10U Birth Years 2008 2009	12U Birth Years 2006 2007	14U Birth Years 2004 2005	18U Birth Years 2000 2001 2002 2003
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Questions?
Call Joyce Glorioso,
Administrative Hockey Director,
301-662-7362
Ext.17



SPRING 2019

AND

SKILL DEVELOPMENT

MARCH 15- MAY 31



ONLINE REGISTRATION IS NOW
AVAILABLE AT
SKATEFREDERICK.COM



LEARN TO PLAY I

MARCH 15 - MAY 31
FRIDAYS - 5:30-6:45 pm
(No class on April 19 and May 24)

- 75 minute lessons prepare skaters with the basic skills needed to explore the exciting game of ice hockey
- Victory Hockey certified instructors teach skating and hockey skills in small teacher to student ratios
- 10 week long program prepares the skater for In-House league play or Learn to Play II
- Introduces basic skating techniques, stick handling, passing & shooting



Questions? Call (301) 662- 7362 x 17

Learn to Play II



MARCH 15 - MAY 31
FRIDAYS - 6:45-8 pm (No class on 4/19 and 5/24)



- 75 minute lessons prepare skaters with the basic skills needed to play the exciting game of Victory Hockey
- Victory Hockey certified instructors teach skating and hockey skills in small teacher to student ratios
- 10 week long program can be repeated, and when successfully completed, will prepare the skater for In-House league play or Skills Development
- A continuation of basic techniques with emphasis on posture and body position, teaches stops and introduces crossovers and backward techniques.

----CLASS REQUIREMENTS ----

Learn to Play I

Skater must have completed the Basic Hockey skating program offered through the Skate Frederick Learn to Skate series OR be evaluated by the Hockey Director, 301.662.7362 x 17.

Learn to Play II

Skater must have completed Learn to Play I or be evaluated by the Hockey Director.

Skill Development

Skaters must be 9 yrs old or older and have successfully completed the Learn to Play I and Learn to Play II OR be evaluated by the Hockey Director, 301.662.7362 x 17.

VICTORY PLAYERS
Registered
for Spring In-House?
Get \$60 OFF
LTP II or SD Class
for Spring 2019



Skill Development

Fridays, March 15 - May 31 at 6:45-8 pm
(No class on April 19 and May 24)

- 75 minute lessons will improve skater's speed with a focus on technique
- Victory Hockey certified instructors teach pivots, hockey stops, tight turns, forward starts, and open-ice carries in accordance with USA Hockey skill development guidelines
- Class time includes small area games
- 10 week long program can be repeated, and can be taken simultaneously while playing in the Victory Hockey In-house league at a discounted price.



THE ACTION'S
ON THE ICE...
SEE YOU THERE!



Combines learning with lots of fun!

