

SEPTEMBER



STICK & SHOOT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <u>Stick n' Shoot</u> 2:30-4:00 pm
2	3 <u>Stick n' Shoot</u> 1:00-2:30 pm	4 <u>Stick n' Shoot</u> 3:30-5:00 pm	5 <u>Stick n' Shoot</u> 3:30-5:00 pm	6 <u>Stick n' Shoot</u> 3:30-5:00 pm	7 <u>Stick n' Shoot</u> 3:30-5:00 pm	8 <u>Stick n' Shoot</u> 5:10-6:40 pm
9 <u>Stick n' Shoot</u> 4:00-5:30 pm	10 <u>Stick n' Shoot</u> 3:50-5:20 pm	11 <u>Stick n' Shoot</u> 3:50-5:20 pm	12 <u>Stick n' Shoot</u> 4:10-5:40 pm	13 <u>Stick n' Shoot</u> 3:50-5:20 pm	14 <u>Stick n' Shoot</u> 3:40-5:10 pm	15
16	17 <u>Stick n' Shoot</u> 4:00-5:30 pm	18 <u>Stick n' Shoot</u> 3:50-5:20 pm	19 <u>Stick n' Shoot</u> 4:00-5:30 pm	20 <u>Stick n' Shoot</u> 3:50-5:20 pm	21 <u>Stick n' Shoot</u> 3:40-5:10 pm	22
23	24 <u>Stick n' Shoot</u> 3:50-5:20 pm	25 <u>Stick n' Shoot</u> 3:40-5:10 pm	26 <u>Stick n' Shoot</u> 4:15-5:45 pm	27 <u>Stick n' Shoot</u> 3:50-5:20 pm	28 <u>Stick n' Shoot</u> 4:30-6:00 pm	29
30						



\$9.00 per session

**Skate Frederick,
LLC Ice Sports & More!
1288 Riverbend Way Frederick, MD**

Required Equipment

Skates, helmet,
elbow pads, gloves,
stick, & shin guards.



Don't forget...
BRING YOUR OWN PUCK!