

NOVEMBER



STICK & SHOOT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>Stick n' Shoot</i> 2:40-4:10 pm	2	3
4 <i>Stick n' Shoot</i> 11:30-12:50 pm	5 <i>Stick n' Shoot</i> 1:10-2:40 pm	6 <i>Stick n' Shoot</i> 12:30-2:00 pm 2:10-3:40 pm	7	8 <i>Stick n' Shoot</i> 2:40-4:10 pm	9	10
11	12	13	14	15 <i>Stick n' Shoot</i> 2:40-4:10 pm	16	17
18	19	20	21	22	23	24
25	26	27	28	29 <i>Stick n' Shoot</i> 2:40-4:10 pm	30	



\$9.00 per session

**Skate Frederick,
LLC Ice Sports & More!
1288 Riverbend Way Frederick, MD**

Required Equipment

Skates, helmet,
elbow pads, gloves,
stick, & shin guards.



Don't forget...
BRING YOUR OWN PUCK!