

# FREESTYLE ICE ETIQUETTE

- Skaters are required to pay for ice time in the Pro Shop, sign the freestyle log and put a copy of their paid receipt (with their name on it) in the envelope attached to the freestyle log book before stepping on the ice. Skaters, parents and coaches, please follow the direction of ICE MONITOR when one is on duty.
- Any skater (lesson or non-lesson) on the ice without paying for their ice time, will be asked to exit the ice and make payment.
- **FOOD and DRINKS are not permitted on the ice OR in hockey boxes at any time. This includes all coaches and skaters.** (exception-plastic water bottles)
- It's the responsibility of all skaters and coaches to keep the ice area and hockey boxes clean. Please remove all personal belongings, i.e. water bottles, jackets, gloves, tissues, etc. before exiting the ice.
- Skaters are expected to behave responsibly and to be considerate of other skaters and coaches at all times.
- ALL music **must** meet acceptable standards for language and content.
- **ALL individual, synchro and dance program practice** performance will be limited to two skaters (one must wear orange sash) at a time, three or more skaters is not permitted. This includes following the leader, train, synchro and show numbers.
- All program and dance music will be limited to 2 plays per half hour (lesson or non-lesson)
- Program and dance music **must be** played through their entirety. **NO stopping and starting for any reason.** This ensures every skater receives adequate practice time. Stopping of music will count as 1 full play.
- Skaters are NOT permitted to have personal listening devices (ipods, cd players, etc.) on the ice as skaters need to be aware of surroundings at all times for the safety of all.
- **Kicking the ice, boards, shouting, foul language or arguing will not be tolerated and skaters will be asked to leave the ice. NO REFUNDS will be issued.**
- **DEATH SPIRALS and TENSION BANDS are not permitted on Tuesday 5:30-7 pm, Thursday 4:30-6pm and Saturday 11:15am-1:45pm Sessions. This is for the safety of every skater.**
- The "right of way" skaters **must wear** the designated **orange sash** so that all other skaters will recognize the skater "IN PROGRAM". The RIGHT OF WAY skater is skater in private lesson program or dance.
- Back spirals and camel spins can be dangerous to other skaters. Please be aware of your surroundings before executing.
- **SPINS** are to be done in the center and **JUMPS** are to be done on the ends and corners of the ice unless you are in program.
- When session is over, please close all open doors behind you and return orange sash.
- PLEASE remember to pick up your CD from the CD player. Skate Frederick Ice Sports is NOT responsible for any lost, damaged or stolen CD's. CD player box is used for multiple reasons

**PARENTS ARE RESPONSIBLE FOR THE CONDUCT OF THEIR SKATERS AND FOR ENSURING THAT THEY KNOW AND ABIDE BY THESE RULES.**

*Thank You \* Skate Frederick Staff*